

# Caregivers' Cove

It may be necessary to assist seniors in managing finances due to a decline their mental, visual or physical conditions. However, this responsibility may seem to be a daunting task<sup>1</sup>.

## Financial Choices for Seniors<sup>2</sup>

Seniors who are given manageable financial choices enjoy a sense of belonging, respect, security and independence.

## Extra Dollar Tips<sup>3</sup>

Keep good financial records, set budget for investment/spending. A chat with financial advisors could help you answer, "Do we really need it?" and "What are our options?"

## Encourage Seniors To Manage<sup>1</sup>

what they can handle. E.g. allowance to cover personal or regular expenses. Arrange for automatic payments if needed. Also caution seniors about scams.



Photo credit: Unsplash

# 看护者港湾

长者或许因为精神、视觉或身体状况退化而需要经济管理上的协助。但这责任可能也让人生畏。<sup>1</sup>

## 乐龄与财务选择<sup>2</sup>

享有自己能力能管控的财务选择让长者觉得有归属感、安全感和感觉独立。

## 额外财务点子<sup>3</sup>

维持良好财务记录，设定花费目标，和财经顾问聊聊或许能帮您解答，“我们真的需要这吗？”和“我们还有什么其他选择？”

## 协助长者管理<sup>2</sup>

自己能做的，如：提供零用以便管理个人或固定消费。若有需要，安排自动转账。也提醒提防被诈骗。



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