

Caregivers' Cove

8 out of 10 seniors living with dementia exhibit at least one neuropsychiatric symptom¹. That's challenging.

The range of symptoms²

Neuropsychiatric symptoms commonly seen in dementia are:

- Apathy
- Depression
- Sleep disorders
- Hallucinations
- Delusions
- Psychosis
- Agitation
- Aggression

Manage²

- challenging behaviours through a social approach with minimal side effects
- physical symptoms through medical assessment and treatment

Investigate¹

New challenging behaviours can result from

- Irreversible symptoms of dementia
- Reversible illnesses or medicine side effects
- Body discomforts
- Other unmet needs, e.g. hunger, sleepy, boredom and/or restricted freedom



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看护者港湾

10位失智患者当中就有8位呈现最少一种神经精神症状¹。那是挑战性的。

一系列症状²:

失智患者常出现的神经精神症状有:

- 冷漠
- 忧郁
- 睡眠失调
- 幻觉
- 错觉
- 精神错乱
- 激动
- 攻击性

侦察¹

新产生的挑战性行为可能是因为

- 不可恢复的失智症症状
- 可恢复的疾病或药物副作用
- 身体感觉不舒服
- 其他未满足的需求如: 饥饿、疲倦、无聊和/或不满足自由受控

管控²

- 通过社交方式来管控挑战性的行为, 也最低副作用
- 通过医疗检测和药物来治疗身体上的症状



图像源: Unsplash